



SKILLBUILDERS GROUP PROGRAMME

HIGH SCHOOL READINESS

Year 6

Through targeted activities, students will develop the skills and confidence needed to transition successfully to high school. The group focuses on fostering independence, social competence, and self-advocacy. Specific opportunities and strategies include:

- * Building effective communication and conversation skills
- * Understanding and using non-verbal communication
- * Developing social awareness, self-awareness, and problem-solving skills
- * Practicing organisation, time management, and study strategies
- * Collaborative activities to encourage peer support and confidence.

Our goal is to support each student in navigating the social, emotional, and practical demands of high school while celebrating their unique strengths and abilities.

For more information please contact us on 9332 2223
or email Penny@Skillbuilders.com.au

